AMENDMENTS TO THE CLAIMS:

This listing of claims will replace all prior versions, and listings, of claims in the application:

LISTING OF CLAIMS:

- 1. (Currently Amended) A method of dry milling a material comprising: providing a milling cutter with a silicon nitride based milling insert; advancing the milling cutter relative to the material such that at least the majority of material removal is accomplished by contact with the milling insert; cutting at a cutting speed of 1000-3000 m/min; and feeding to a cutting depth of 0.2-2 mm,
 - wherein the material comprises aluminum and cast iron.
- 2. (Previously Presented) The method of claim 1, wherein the insert produces a chip thickness of 0.09-0.17 mm.
- 3. (Currently Amended) A method of dry milling a composite material, the method comprising:

providing a milling cutter with a silicon nitride based milling insert;

advancing the milling cutter relative to the material such that at least the majority of

material removal is accomplished by contact with the milling insert;

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cutting at a speed of 1100-2500 m/min; and feeding to a cutting depth of 0.2-2 mm.

4. (Previously Presented) The method of claim 3, wherein the cutting depth is 0.3-1.0 mm.